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The pathology and molecular biology of anal intraepithelial neoplasia: comparisons with cervical and vulvar intraepithelial carcinoma

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Abstract *Background:* Anal intraepithelial neoplasia (AIN) is a well-described pathological precursor of invasive squamous cell carcinoma which has recently been detected with increasing frequency in immunocompromised patients, particularly those with seropositivity for human immunodeficiency virus (HIV). The epidemiology and natural history of this entity is somewhat unclear, since the overall prevalence in the HIV seronegative population is unknown. *Discussion:* There is a clear etiological association between AIN and high-risk human papillomavirus (HPV) subtype infection although there is great variability in HPV DNA detection of cytological and histological material in these patients. It appears that there is an antigen-specific hyporesponsiveness by cytotoxic lymphocytes against HPV peptide sequences or recombinant proteins encoded by oncogenic HPV

subtypes in these patients, which is dependent upon the stage of their HIV-associated disease. Although the molecular biology of AIN and cervical or vulvar intraepithelial neoplasia are comparable, in AIN there is less significance of tumor suppressor gene mutations, proto-oncogenic growth factor activation, and genomic instability. *Conclusion:* Current concepts in the epidemiology and etiology of AIN are discussed, as well as its immunological response in the HIV-positive population, drawing parallels where possible between other HPV-related preinvasive disorders, and concluding with a suggested management protocol

Keywords Anal intraepithelial neoplasia · Cervical intraepithelial neoplasia · Homosexuality · Human papillomavirus · Vulvar intraepithelial neoplasia

Introduction

Anal intraepithelial neoplasia (AIN) is a precursor lesion for squamous cell carcinoma of the anus. Although most cases of AIN arise sporadically, it has been described in association with immunosuppression, particularly in patients who are positive for human immunodeficiency virus (HIV), or who have clinical acquired immunodeficiency syndrome. An etiological association between this lesion (and invasive carcinoma) and a sexually transmissible agent was first suggested by Cooper et al. [1] based upon epidemiological case clustering. This was

followed by the demonstration of human papillomavirus (HPV) DNA in lesions initially by Southern blot and in situ hybridization of cytological and biopsy material, which identified the presence of oncogenic HPV gene sequences initially implicating HPV types 16 and 18 [2, 3, 4].

The exact natural history of this condition is unknown since the prevalence of HPV in the sexually active asymptomatic community at large is uncertain, and since many of these cutaneous and anal canal lesions appear to undergo spontaneous regression [5, 6]. In theory, its prevalence and behavior may alter with time in the HIV-

positive population with overall improvements in highly active antiretroviral therapy, enabling these patients to live longer with preinvasive lesions capable of progression [7, 8].

It seems appropriate to link the progression of AIN to that seen with the varying histological and cytological grades of both cervical intraepithelial neoplasia (CIN) and vulvar intraepithelial neoplasia (VIN). The clinical link in some patients between invasive cervical cancer and invasive anal cancer obviously suggests a shared cause [9, 10, 11, 12]. Here too cervical and anal preinvasive disease are associated, since a diagnosis of CIN carries a more than threefold increase in the risk of a simultaneous abnormal anal smear, both being diagnosed almost exclusively in the presence of HPV infection [13].

This review discusses the known epidemiology, etiology, immunology, pathology, and molecular biology of AIN, drawing speculative conclusions from the CIN/VIN literature regarding the clinical assessment of AIN, diagnosis, and follow-up in at-risk patient populations.

Epidemiology of AIN

The exact incidence and the predicted likelihood of progression of AIN towards invasive carcinoma in at-risk patients is at present unclear. Equally uncertain is the effect that treatment on squamous cell cancer precursors has on the incidence of invasive disease. In these populations the incidence of serious anal pathology (either high-grade AIN or occult invasive squamous cell carcinoma) is correlated with sexual lifestyle and the presence of HIV seropositivity [7]. In a follow-up of 37 homosexual men with stage IV HIV disease attending an outpatient HIV clinic Palefsky and colleagues [14] showed an increase in the proportion of patients with anal cytological abnormalities (from 27% to 65%), high-grade AIN (from 0% to 16%), or detectable HPV infection (from 60% to 89%) over a mean follow-up of 17 months. Similar findings have been noted in the differential prevalence of high-grade AIN between HIV-affected and non-HIV-affected women, although it is less pronounced when compared with sexually active men (26% vs. 8%, respectively), with HIV-positive women presenting abnormal cervical cytology at a 2.2-fold relative risk over the HIV-negative group having abnormal anal cytology detected at the same visit [15].

There are, however, few prospective studies assessing the progression of AIN in at-risk populations. Although the overall incidence of anal cancer among homosexual men is increasing, and the relative risk of anal cancer in HIV-positive homosexual men is 8–14 times that of HIV-negative men with similar demographics, the association between premonitory lesions such as anal condylomata or AIN and cancer is still unclear [16, 17, 18]. Epidemio-

logically significant changes in sexual practices may in part be responsible for these findings [19], with a clear association between anal cancer and early homosexual contact [20, 21, 22, 23]. The effect of active antiretroviral therapy on the incidence and progression of AIN in homosexual men is also unclear, given that such progression may take several years, although preliminary data suggest that most high-grade lesions do not regress during such therapy [24].

Etiology of AIN: association with HPV infection

Several lines of evidence point towards HPV infection as the prime causal agent in AIN. There is an epidemiological association between anal cancer and a prior history of anal (but not penile) warts with a close regional proximity of anal cancer to anal condylomata [25, 26]. Although intact HPV virus is difficult to detect in many anal condylomata, varying amounts of nonintegrated low-risk HPV DNA are found in up to 70% of cases using Southern blot hybridization [27, 28]. In a recent study assessing relapse rates of anal condylomata, recurrence was more often associated with HIV positivity and peripheral CD4 T lymphocyte depletion than with HPV persistence [29]. Equally, low-risk subtypes of HPV (principally HPV-6) have been detected in giant condyloma (Buschke-Loewenstein tumor) in the perianal region; a tumor which rarely undergoes malignant change [30, 31].

Variant HPV DNA subtypes have been detected in AIN biopsy material derived from both genders in almost all cases, with HPV RNA detection in many cases of squamous invasive anal cancer [32]. There is considerable variation in the detection rate of HPV DNA in invasive anal cancer, ranging from 50–95% and from our own data, nearly 90% are HPV subtype 16 with 7% HPV 18, 6% HPV 33, 1% HPV 31, and 2% untyped [22, 33]. There are actually few longitudinal studies which have shown a clear progression of AIN to invasive carcinoma in HPV-positive patients. These differences are in part reflected by the greater detection rates reported of HPV RNA, where the level of DNA is too low for detection, since DNA is more readily found in superficial cells undergoing DNA replication. This has led to different levels of DNA detection in basaloid-type tumors, where differentiation is poor and DNA replication is almost absent.

Of the more than 80 different subtypes of HPV which have been characterized at least 23 have been shown to infect the anogenital mucosa. The low-risk variants (including subtypes 6, 11, 42, 43, and 44) are more commonly identified in exophytic and flat condylomata and in low-grade dysplasia or occasionally in verrucous carcinoma. The high-risk subtypes (including 16, 18, 31, 33, 35, 39, 45, 50, 51, 53, 55, 56, 58, 59, and 68) are more often associated with high-grade dysplasia and in-

vasive carcinoma. The reported incidence of HPV-subtype detection is somewhat technique dependent, with lower sensitivity achieved using simple in situ hybridization with biotinylated probes and better sensitivity obtained with polymerase chain reaction (PCR) technology or RNA-RNA in situ hybridization with radiolabeled probes [34, 35, 36, 37]. The latter type of riboprobe has several advantages over DNA probe analysis, since single-strandedness increases the sensitivity of viral genome sequence detection without self-annealing, and the thermal stability of RNA-RNA and RNA-DNA hybrids results in lower backgrounds, providing greater access to cytoplasmic RNA sites [38]. More recently the hybrid capture assay (HC-II; Digene, Silver Spring, Md., USA), which requires a higher viral load than PCR to detect HPV, has been used in scrape cytology and appears to be highly sensitive in the detection of multiple HPV subtypes, although there is some evidence to suggest that it is less sensitive in the detection of HPV persistence following surgical excision of areas of AIN or CIN [39]. It is a rapid and relatively simple liquid chemiluminescence hybridization system using a combination of RNA probes and DNA-RNA hybrid microtiter antibodies, having a sensitivity which is only slightly less than the more complex PCR assay [40, 41]. In general for routine use only HC and PCR analyses are sufficiently sensitive and specific for detection of HPV presence. The disadvantage of PCR technology is the relatively high percentage of false-positive tests because of the amplification of extraneous contaminants [42, 43]. Other HPV detection methods including RNA in situ and Southern blot hybridization are too complex for routine use and dot blot, filter in situ, and DNA in situ hybridization are at present too insensitive. Differences in HPV RNA detection with patient age have shown that HPV RNA transcripts are found less commonly in older patients, implying a greater role for HPV in early cancer development and viral elimination rather than in established malignancy. This finding is correlated with the increased prevalence of HPV-negative cervical cancers, which appear to have a worse overall prognosis [44].

The view that knowledge of the natural history of HPV-positive CIN and VIN could provide valuable lessons for the management and surveillance of AIN may be only partially true, since high-risk oncogenic HPV genotypes are detected in 80–90% of CIN grade III lesions as well as in a similar incidence of invasive cervical cancers and metastatic lymph nodes draining invasive disease [45, 46]. There is extensive literature reporting longitudinal studies of CIN and its progression to invasive disease in about 30% of patients over prolonged follow-up [47, 48, 49]. Moreover, up to 60% of cases with vulvar warts, VIN, and invasive vulvar cancer have HPV positivity with a high late development of invasive cervical carcinoma [50, 51]. Many of the early forms of AIN may not be comparable with CIN or VIN (grades I and

II), however, since there is a high regression rate in AIN, with less than a 5% patient progression towards invasive malignancy [52, 53].

Immune responses and AIN

More studies assessing peripheral, intralesional and in situ lymphocyte function during AIN progression are needed to determine what immunological factors affect HPV elimination. Isotype-specific IgG responsiveness appears to be strongly associated with high-grade CIN which progresses to invasive carcinoma. In these patients systemic HPV-specific IgG and IgA responses are also correlated with oncogenic viral clearance [54, 55]. There is a high rate of preexisting IgG to high-risk HPV (16, 18, and 31) capsid protein in HIV-positive patients with supervening HPV detected, but although total circulating IgG and IgG1 levels are associated with higher grades of intraepithelial disease (perhaps marking cumulative lifetime HPV exposure and hence the likelihood of disease progression), these data should be viewed with caution as it may represent merely case clustering rather than a true serological differentiation between patients [56]. Despite the fact that there is no clear association between viral elimination and lesion progression in the immunosuppressed or normal populations, HPV persistence is correlated with CIN of higher overall grade [57]. In these patients the presence of HIV infection increases the likelihood of AIN development when HIV-positive patients are compared with non-HIV-infected persons with similar demographic characteristics [58], particularly in HIV-positive patients who have peripheral CD4⁺ T lymphocyte depletion or a prior history of smoking, or who engage in receptive anal intercourse [26, 59, 60, 61]. This issue is complicated, however, since other studies have been unable to confirm the importance of HIV-associated immunosuppression in HPV-positive AIN, implying that mechanisms other than simple peripheral CD4 depletion are important in the early stages of this lesion [62]. This point is important since HIV seropositivity (particularly in the young sexually active population) may enhance HPV proliferation early in the course of HIV infection through mechanisms which are independent of CD4 T cell immunosuppression [63].

The issue of HPV persistence and its importance is also a complex one, and it appears that HPV positivity despite treatment is detectable in patients who are unable to mount an effective cytotoxic lymphocyte response to the open reading frame of the E6 oncoprotein derived from detectable high-risk HPV 16. This suggests an in vitro method for the determination of surgical response [64]. In these studies T cell clones derived from HIV-positive patients when incubated *ex vivo* either with HPV-specific sequences or recombinant transforming proteins (E6 and E7 proteins encoded by oncogenic HPV

genes) appear to show subtle antigen-specific proliferation defects. Preliminary evidence suggests that there is higher cytotoxic lymphocyte responsiveness to HPV 16 in the absence of intraepithelial neoplasia, where HPV E6 and E7 fusion proteins are used for the stimulation of peripheral lymphocytes in mixed culture with autologous B lymphoblastoid cell lines infected with a vaccinia virus expressing the E6 and E7 proteins [65].

In HIV-positive patients with HPV-related CIN of high grade, a combination of HIV and HPV positivity has been equated with peripheral conversion of Th1 cytokine-producing lymphocytes (those responsible for cell-mediated immunity, virus eradication, interleukin 2 and interferon- γ production) to a relatively suppressed Th2 phenotype (associated with antibody generation, interleukin 4 and interleukin 10 production). These changes are not detected in those patients with CIN and HIV alone, implying an HPV-specific shift in peripheral blood CD4⁺ cytokine production in the HIV-infected population away from the cell-mediated responsiveness necessary for viral eradication [66]. This has been coupled with the finding that the degree of eosinophilic infiltrate (a hallmark of Th2 immune responsiveness) is inversely correlated with a worse survival in infiltrative cervical lesions [67]. This issue is complicated by the finding that progression of HIV itself is often associated with peripheral lymphocyte conversion from a Th1 to a Th2 phenotype [68]. Future understanding of the relationship between HPV and the host epithelium as well as the host inflammatory infiltrate may provide important data concerning the subtypes of epithelial cells within the transitional zone which are HPV resistant.

Those who can be rendered HPV-free following definitive therapy are less likely to develop recurrent cytological abnormalities in the cervix, although they may sometimes acquire other low-risk HPV subtypes [69, 70]. It remains to be seen whether the same phenomenon is observed in AIN. The anogenital surface (keratinized and nonkeratinized epithelium) is regarded then as a common field at risk on a background of relative immunosuppression with these patients at higher risk for other cutaneous, visceral, and soft-tissue cancers (including breast carcinoma) over time, showing a high detection rate of oncogenic HPV DNA in these other neoplasms [71, 72, 73]. Although the increase in anal cancer appears chronologically to predate the acquired immunodeficiency syndrome epidemic, there is a clear association between clinical immunodeficiency states, AIN, abnormal anal cytology, and invasive anal cancer [74]. Apart from rare syndromes clinically related to anal cancer, such as Wiskott-Aldrich syndrome and epidermodysplasia verruciformis (both of which have specific attenuation of cell-mediated immunity), much of the clinical detection of anal cancer and AIN has occurred in the transplant population receiving active immunosuppression [75, 76, 77, 78]. In this group AIN and anal cancers tend

to occur in younger patients and have a more aggressive course, and patients experience a higher chemotherapy-related morbidity and mortality. Although peripheral natural killer cell reduction has been shown in immunosuppressed patients with combined HPV infection, and AIN and peripheral B cell depletion occurs in HPV infection alone, specific immunological deficiency during progressive disease been little studied in AIN [79].

The pathology of AIN

The pathology of established AIN has been well characterized. It shows morphological abnormalities such as loss of stratification and nuclear polarity, nuclear pleomorphism or hyperchromatism, and occasional koilocytosis. These changes in the anal epithelium occur in the absence of inflammatory infiltrates and without a break in the basement membrane, being described in accordance with the grading system employed for CIN [80]. In order to diagnose AIN a knowledge of the normal appearance of the specialized anal transitional zone epithelium is crucial [69, 81, 82, 83]. Although AIN is associated with all histological variants of anal squamous carcinoma as described in the WHO classification [33, 84], such categorization into large cell keratinizing and nonkeratinizing, basaloid, verrucous, and basal cell variants may have little clinical relevance, particularly since there is a poor reproducibility between experienced histopathologists in subtype agreement [70, 85]. Moreover, many tumors have mixed histological subtypes and small biopsy specimens may not be totally representative of the main tumor mass.

In AIN, HPV positivity appears to be correlated with higher localization within the anal canal [33]. This may imply that, as with invasive cervical cancer, HPV infection is more critical for the development of anal canal cancer, whereas perianal cancer (and its precursors) develops more in parallel with other anogenital skin cancer types such as vulval and penile cancer, where there is an inverse relationship between keratinization and HPV status [86, 87, 88]. Differences in HPV positivity in various reports may have much to do with inadvertent misclassification of anal canal and perianal cutaneous lesions (in accordance with the definition of the anal transitional zone), as with misinterpretation of the significance of keratinization and basaloid differentiation [89, 90].

In AIN I the nuclear abnormalities are restricted to the lower one-third of the epithelium, and in the higher grades epithelial irregularity involves two-thirds (AIN II) or all (AIN III) of the epithelial thickness. This type of lesion was also first described by Fenger et al. [91] in the bordering epithelium of abdominoperineal resection specimens, where AIN was detected by systematic sectioning in 13 of 16 anal canals harboring anal squamous carcinoma, with no AIN found in other resected anal tu-

mors. In interpretation of biopsy material it should be remembered that epithelial keratinization of the anoderm provides many anucleate squames, and that dyskaryosis from this area should be regarded as abnormal only if it is associated with nuclear irregularity, abnormal chromatin distribution pattern, and an abnormal nuclear/cytoplasmic ratio [92]. The detection of low oncogenic risk HPV subtypes in external anal condylomata is usually made in the absence of cellular atypia, whereas dysplasia occurs in up to one-third of internal anal condylomata, where there is a higher incidence of associated AIN of high grade [93]. HPV positivity is more common if the anal tumors have basaloid features, adjacent AIN, poor or absent keratinization, and a predominance either of small or medium sized cells [33]. Recently, high-grade AIN has been shown to display greater angiogenesis and, reciprocally, less apoptosis than with normal anoderm. This is a feature in similarity with higher grades of CIN, suggesting that it is a significant premalignant event [94, 95, 96]. These reciprocal changes show an overall proliferative imbalance in high-grade lesions which has also been observed in mouse models of squamous epithelial carcinogenesis [97, 98].

The molecular biology of AIN

There is little available information concerning the molecular biology of AIN. It is hoped that a better understanding of this aspect of AIN in different patient subgroups will assist in defining cases which are at greater risk of progression. Cellular oncogenes and proto-oncogenes expressed in intraepithelial lesions and invasive cancers are homologous to retroviral genes, with potential cellular transforming capacity. In advanced CIN oncogenic HPV subtypes which encode for transforming proteins capable of complexing with the protein products of local tumor suppressor genes have been identified by in situ hybridization. These include the E6 protein product of HPV types 16 and 18 (see above) which binds to wild-type p53 and enhances its degradation and the E7 protein which binds to the retinoblastoma protein Rb [99, 100]. In CIN expression of these transforming proteins affects immortalization of cervical cancer cell lines in vitro, with wild-type p53 expression suppressing the immortalizing capacity induced by HPV 16 E7 [101]. Recent studies have shown in invasive cervical tumors and cervical tumor cell lines an inverse relationship between HPV sequence expression and p53 mutation, implying an association between oncogenic HPV encoded proteins and the proteins of tumor suppression genes in the pathogenesis of anogenital neoplasms [102, 103].

Extrapolation of this type of data to AIN should, however, be viewed with caution since patterns of mutant p53 expression are similar in both AIN III and invasive anal cancer with little expression in early grades of AIN

or condylomata [104]. Recent comparative genomic hybridization analyses of formalin-fixed and paraffin-embedded anal squamous cancers have shown nonrandom copy number increases in chromosomes 17 and 19 and the chromosome arm 3q, with consistent losses mapped to chromosome arms 4p, 11q, 13q, and 18q [105]. Although this has been previously reported as the most common type of alteration in cervical cancer (providing further evidence of a common molecular pathway for HPV-associated anogenital neoplasia), it should be remembered that chromosome 19 changes (which depend upon Alu-repeat sequences, and which result in additional pickups with comparative genomic hybridization techniques) may be nonspecific [106]. As a measure of this nonspecificity, there does not in these reports seem to be any association between chromosomal repeats, tumor ploidy, and HPV infection.

Although genomic instability has been implicated in intraepithelial progression, there are marked differences between CIN and VIN. In CIN, although there is an association between low-grade lesions and genomic instability that may affect the clonal evolution within intraepithelial lesions [107], no correlation has been found between HPV status and the presence of mismatch repair gene expression [108]. This is unlike the changes in skin surrounding vulvar carcinomas and VIN lesions, where a high degree of chromosomal instability has been detected [109]. The loss of heterozygosity and microsatellite instability, however, in vulval skin appears to be associated more with HIV status than with HPV persistence [110]. Most of the reported microsatellite alterations arise in noncoding repeat regions of the genome (so-called minisatellites) and are not part of the direct path of tumorigenesis [111, 112]. Preliminary data suggest that genomic instability is not important in the progression of AIN, although more work in this area is needed.

Although other proto-oncogenic growth factors are likely to be necessary for the development of invasive anogenital malignancy, there is no current evidence for their involvement in AIN. The *c-myc* oncogene, for example, which has been shown to be overexpressed in CIN as well as integrated with papillomavirus sequences close to the *c-myc* locus in some cervical carcinoma cell lines [113], does not appear to play an important role in AIN or in the progression of invasive anal malignancy [114]. This is despite in vitro studies showing that *c-myc* expression is often greater in HPV 16-transformed cell lines resulting in reduced in vitro growth requirements, and that HPV-immortalized keratinocytes overexpressing *c-myc* oncogene sequences result in differentiation resistance and more rapid growth than parent lines lacking the amplified *c-myc* sequences [115]. Similar studies in anal cancer assessing the presence of the *K-ras* oncogene [116] and cyclin D₁ (a cell-cycle regulator and proto-oncogene commonly found in esophageal squamous carcinomas) have failed to show amplification of either

marker or correlation with HPV oncogene expression [117, 118].

The appearance of anal cancer and its potential precursors thus appears to be considerably different from the phenotypic/genotypic correlations in cervical or vulvar carcinogenesis. In adenocarcinomas such as colonic cancer the acquisition of multiple chromosomal aberrations is accompanied by high-level p53 expression, as just one of the molecular changes when premalignant disease becomes invasive [119]. In squamous cell cancers such as cervical carcinoma, however, chromosomal variation acquired during the transition from high-grade dysplasia to invasive cancer appears to be unrelated to mutant p53 expression, although it is effectively HPV dependent [120]. The phenotypic changes during the transition of AIN to invasive cancer are strikingly similar to those observed in cervical cancer, with undetectable p53 (although with less HPV dependency); however, these are unaccompanied by genotypic variations. More studies are required of the molecular biology of prospectively assessed AIN through progression (or regression) in HPV-positive and negative cases in order to understand the importance of growth factors and tumor suppressor genes in defining pathological risk factors.

Diagnosis, follow-up, and treatment of AIN

Anoscopy, anal cytology, and anal colposcopy all aid in the diagnosis and follow-up of AIN in at-risk groups. Anal colposcopy is a specialized procedure which should be performed by a trained colposcopist using 5% acetic acid epithelial painting in accordance with the techniques used for cervical colposcopy [83, 121]. Variations in the density of whitening of dysplastic epithelium, aberrant surface vascular pattern, mucosal cobblestoning, and mosaicism all guide the interpretation of biopsy material. Abnormal macroscopic appearances include eczematoid, papillomatous, papular, and irregular plaquelike lesions. Abnormal areas may be raised, scaly, white, erythematous, pigmented, or fissured. Induration or ulceration may indicate the presence of invasion. Because of this variability in macroscopic appearance some have recommended that all tissue removed from the region (including hemorrhoidal tissue) should be examined histologically, as the underlying diagnosis of AIN is often unsuspected.

Giving support to the hypothesis that infection with certain strains of HPV predisposes to the development of AIN is the observation that unsuspected or subclinical AIN may also be found in excised perianal condylomata. The rate of this subclinical AIN is significantly higher in those patients who are HIV seropositive. Colquhoun et al. [122] at the Cleveland Clinic Florida have recently examined the rate of this subclinical AIN found in condylomata excised between 1988 and 2000, where 70 patients underwent 97 excisions. The overall incidence of

AIN was 31% (30/97) with a median AIN grade of II. Of the HIV seropositive patients 51% were found to have AIN, which was significantly higher than the 17% rate of AIN detected in the HIV seronegative patients. These rates correspond to those independently found by Carter et al. [123] at St Mark's Hospital and Metcalf et al. [124] at the University of Iowa, who reported a 35% and 28% subclinical rate of AIN in all condyloma specimens excised, respectively, with rates of 40% and 60% in their HIV seropositive patients.

Anal cytology should be assessed by a cytopathologist with experience in the assessment of Papanicolaou smears. The adequacy of smears is controversial, particularly when there is coincident fecal contamination, and is based upon the cellularity and the presence of squamous metaplasia. HPV infection is more likely if there is recognizable koilocytosis, anucleate squamous cells (as derived from the anal canal), or multinucleated squamous cells. In general, low-grade AIN may be underreported, as the pathologist may not distinguish between dyskaryosis and HPV infection, particularly away from the anal transitional zone, thus distorting the reported incidence of AIN and the impression regarding its natural history [125, 126, 127].

All of these factors make it difficult to be dogmatic concerning both the treatment and follow-up of AIN particularly in patients whose life expectancy is already compromised by HIV-related immunosuppression. Operative approaches for AIN of high grade include wide local excision with primary skin closure [128], split-skin grafting [129], or advancement flap (V-Y, S, C, or house-style) cutaneous anoplasty [130, 131]. It should be remembered that extensive cutaneous anal surgery in such patients may have considerable morbidity [132]. Simple local therapies such as cautery fulguration [133], CO₂ laser ablation [134], and cryotherapy should be considered for small lesions or in local recurrences around the edge of previous resections. The reported incidence of recurrence (or persistence) of high-grade AIN following wide local excision (however it is reconstructed), is between 10% and 25% even when there is efficient preoperative epithelial mapping [135]. Early nonrandomized studies have suggested that less radical therapies such as laser vaporization are associated with a higher local recurrence rate, also creating difficulties for the pathologist in the assessment of the adequacy of resection margins. Conservative (nonoperative) approaches for lower grade lesions and in those in which there is either widespread perianal and anorectal disease or multifocal recurrence associated with HPV persistence include topical 5-fluorouracil therapy [136], photodynamic therapy [137], and argon beam laser therapy [138].

The involvement by AIN II or AIN III of deeper areas of the perianal skin and its appendages in up to 50% of cases and sweat glands in 25% of biopsy specimens may not be able to be targeted macroscopically by anal colpos-

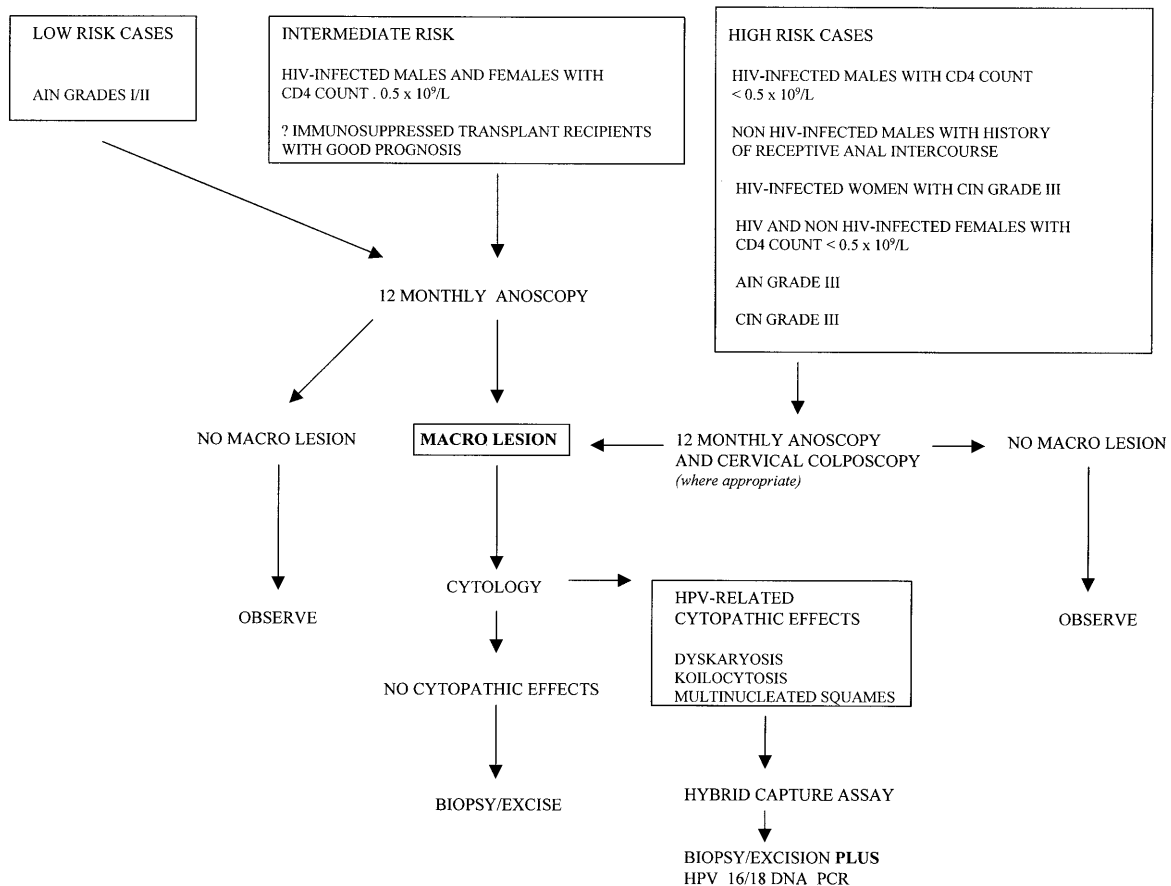


Fig. 1 Suggested follow-up of AIN patient cohorts

copy and may imply that ablative techniques such as cryosurgery, laser vaporization, and electrocautery are inadequate forms of treatment [52]. Since HPV is epitheliotropic, the entire anogenital surface must be assessed despite the fact that the importance of viral elimination from or reinfection of at risk epithelium is unknown. As it may not be possible to eliminate the virus and the overall incidence of associated genital neoplasia, and since the true incidence of invasive disease and underlying visceral malignancy is low, a policy of observation even in high-grade AIN (unless there is an ulcerated or elevated macroscopic lesion) may be the most sensible course [139]. Both AIN I and AIN II should be treated expectantly since their natural history is unclear, with attendant spontaneous regression on occasion, as well as their greater association with underlying HPV subtypes 6 and 11, both of which are believed to be less oncogenic than HPV 16.

Although long-term follow-up is needed, there are no clear recommended guidelines. Random biopsy sampling at the edge of skin grafts and flaps is suggested with extended follow-up since recurrence may occur more than 5 years following primary surgery [140]. Anal cytology permits screening to be employed in a similar way to that

used in cervical cancer. The cytological grading of anal Papanicolaou smears, however, is correlated relatively poorly with the histological grading of confirmed lesions of the anal skin and anal canal, and consequently although departmental experience of cytology in this disease is favored, biopsy of suspicious areas is essential [141, 142]. It is recommended that patients who are HIV-infected undergo 12-monthly assessments with anoscopy for AIN I and AIN II whereas those with AIN III should undergo regular biopsy mapping of grossly irregular (and particularly ulcerated) areas detected at anoscopy. Suggested screening groups for regular anoscopy and cytology might include non-HIV-infected men with a history of receptive anal intercourse, HIV-infected men with low peripheral CD4 counts, HIV and non-HIV-infected women with high-grade CIN, and HIV-infected women with CD4 depletion. A suggested algorithm for AIN follow-up, diagnosis, and treatment in specific patient cohorts is shown in Fig. 1.

There is evidence in preliminary economic studies that screening programs for HIV-positive homosexual and bisexual men using anal cytology alone provides the best quality adjusted life expectancy benefits at a cost which is comparable to that of other accepted clinical preventive interventions during all stages of HIV disease [143]. If assessment of low-grade CIN is anything to go by regarding

the follow-up of AIN, the loss to follow-up of patients with low-grade lesions afforded by simple cytology may suggest an increasing clinical and social importance for simplified testing designed to detect the presence of HPV, particularly through hybrid capture analysis [144, 145].

Prospective comparisons of cytology and histopathology for each unit are necessary to vindicate this approach [146]. This economic issue is complicated by a higher prevalence of significant anal disease in more advanced HIV-related illness and sensitivity analyses of various screening modalities will define the recommended frequency for their use based on the stage of HIV disease. The critical factors which affect the cost effectiveness of screening in such patients are not epidemiologically well defined since they rely on a better understanding of the natural history of AIN (namely its pathological progression or regression with time), a knowledge of the true effectiveness of therapy for AIN (or the effect of antiretroviral treatment on AIN), and the potential survival benefit for patients in detecting AIN at an earlier stage. All of these issues are poorly understood at this time, as are the clinical and economic implications of antiretroviral resistance, patient nonadherence to therapy, and the ability accurately to estimate disease prevalence, where some patients are unable to be fully evaluated by screening tests. All of these factors will influence cost-effectiveness estimates for screening programs [147, 148].

Conclusion

The increase in the incidence of anal cancer reported in the United States does not appear to be evident in the United Kingdom. To reduce the mortality of invasive anal cancer it is essential that high-risk individuals are identified. Prolonged severe immunodeficiency provides the required environment for the development of anogenital neoplasms caused by oncogenic human papillomaviruses, and it is likely that anal cancer and AIN will become a more common problem in HIV-positive patients as a result of improved antiretroviral and antimicrobial therapies.

Multi-institutional, cooperative prospective, epidemiological studies are needed to establish which subgroups undergo AIN progression and regression. Immunological investigations are required to delineate what immunocyte variations are associated with progressive AIN. These should assess T cell clonal responsiveness to defined recombinant HPV sequences and HPV-related transforming peptides using autologous targets transfected with HPV genomes. An improved understanding of molecular biological markers which control for and reflect epithelial cell resistance to HPV infection (and reinfection) in the immunocompromised host will assist in the construction of sensible algorithms for patient follow-up and definitive treatment.

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